



**FOR IMMEDIATE RELEASE**

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**TEAM Partners with Griffin Health Services to Promote Elderly Nutrition & Elderly Wellbeing at Derby Senior Center – Hawaiian Luau Style Lunch!**

- Who?** TEAM's Elderly Nutrition Café Meals annually serves more than 3,000 lunches at 4 Valley café locations – this is in addition to TEAM Meals on Wheels home-delivering more than 40,000 meals in the last year alone. TEAM is a nonprofit human services organization serving the Greater Valley and surrounding region ([www.teaminc.org](http://www.teaminc.org)).
- What?** To increase awareness of Elderly Nutrition & Wellbeing opportunities, TEAM is hosting *celebrity chefs* from Griffin Hospital at its Derby café location (Derby Senior Center). These congregate meal café opportunities include healthy balanced meals in a friendly group atmosphere such as senior centers, senior housing, and other suitable cafe locations. TEAM's Elderly Nutrition Programs are offered every week at 4 convenient locations – these meal café opportunities are available to Valley seniors, and for those unable to access a café TEAM will deliver to homebound or isolated seniors via Meals on Wheels.
- When?** On July 18<sup>th</sup> at 12pm a Hawaiian Luau style lunch will be served by Griffin Hospital Celebrity Chefs.
- Where?** Derby Senior Center at 293 Main Street Derby, CT 06418. Serving in twelve communities, TEAM's central offices are located at 30 Elizabeth Street in Derby, CT.
- Why?** TEAM is committed to maximizing opportunities for the independence and wellbeing of our Valley seniors most in need – this event (**which has more than 90 seniors RSVP!**) is to help raise public awareness of these services that aim to provide nutritionally balanced meals, to reduce senior hunger & food insecurity, and to promote socialization, health, and wellbeing for older residents in our Valley. For those who are homebound or isolated and unable to get to a congregate site, TEAM's Meals on Wheels program delivers daily nutritious meals, friendly social visits, and safety checks to enrolled seniors all year long.

TEAM's lunchtime café meals are available at several locations throughout the Valley, with locations and days/times listed below:

**Congregate Meal Program Service Locations**

Callahan House

32 Smith Street

Seymour, CT 06483

Lunch Monday thru Friday, 11:30AM

Derby Senior Center

293 Main Street

Derby, CT 06418

Lunch Tuesdays and Thursdays 11:30AM

Griffin Hospital

130 Division Street

Derby, CT 06418

Dinner Tuesday thru Friday, 4:30PM – 6:00PM

Oxford Senior Center

10 Church Road

Oxford, CT 06478

Lunch 2 days per month (rotating schedule) 12PM